

**AMENDMENTS TO THE CLAIMS:**

This listing of claims will replace all prior versions, and listings, of claims in this application:

**Listing of Claims:**

1. (Currently Amended) Functional food containing a physiologically compatible phospholipid-containing stable matrix consisting of a supporting material ~~and~~ in the form of (un)modified carbohydrates and proteins, hydrophobic materials such as waxes, triglycerides, lipids and polymers or mineral components such as silicates and mixtures thereof, and containing  $\geq 5$  % by weight based on a starting material of acetone-insoluble phospholipid components as a bioactive component.
2. (Original) Functional food as claimed in claim 1, characterized in that it is a liquid, solid or semiliquid form of administration.
3. (Original) Functional food as claimed in claim 2, characterized in that it is a tea, coffee, milk or mineral drink, soft, power or energy drink, a vegetable, fruit or bark juice or nectar, liquid spice, elixir or tonic, soft drink or beer.
4. (Original) Functional food as claimed in claim 2, characterized in that it is a cereal product, a spice, an extract of plants, fruits or bark, a bar, pasta, sweet, slice or a soft product such as gummy and foam product.
5. (Original) Functional food as claimed in claim 2, characterized in that it is a fermented milk product such as butter, yogurt, cottage cheese, kumis, kefir, ready-to-use sauces, margarine, bread spread or crème.
6. (Currently Amended) Specialized food containing a physiologically compatible phospholipid-containing stable matrix consisting of a supporting material ~~and~~ in the form of (un)modified carbohydrates and proteins, hydrophobic materials such as waxes, triglycerides, lipids and polymers or mineral components such as silicates and mixtures thereof, and containing  $> 5$  % by weight based on a starting material of acetone-insoluble phospholipid components as a bioactive component.

7. (Original) Specialized food as claimed in claim 6, characterized in that it is a food for tube feeding.
8. (Currently Amended) Food as claimed in ~~one of the claims~~ claim 1 to 7, characterized ~~in with~~ the matrix being pellets, granulates or capsules, especially microcapsules, preferably composed of a coat and a bioactive core.
9. (Currently Amended) Food as claimed in ~~one of the claims 1 to 8~~ claim 6, characterized in that wherein the matrix contains  $\geq 5\%$  by weight and in particular  $\geq 15\%$  by weight in each case based on the starting material of acetone-insoluble phospholipid components as the bioactive component.
10. (Currently Amended) Food as claimed in ~~one of the claims~~ claim 1 to 9, characterized in that wherein the matrix contains between 5 and 90 % by weight, in particular between 20 and 80 % by weight and particularly preferably between 40 and 70 % by weight in each case based on the starting material of acetone-insoluble phospholipid components.
11. (Currently Amended) Food as claimed in ~~one of the claims~~ claim 1 to 10, characterized in that the matrix contains phosphatidyl serine, phosphatidyl choline, phosphatidyl ethanolamine, phosphatidyl inositol, phosphatidyl glycerol, lyso variants thereof and/or derivatives thereof as acetone-insoluble components, and/or sphingophospholipids in particular sphingomyelin.
12. (Cancelled)
13. (Currently Amended) Food as claimed in ~~one of the claims~~ claim 1 to 11, characterized in that wherein the carbohydrates are starch (derivatives), mono- and disaccharides and their sugar alcohols, glucose syrup, dextrans and hydrocolloids such as alginates, pectins, chitosan and cellulose (derivatives).
14. (Currently Amended) Food as claimed in ~~one of the claims~~ claim 1 to 13, characterized in that wherein the proteins are plant, animal or microbial proteins such as zein, gluten, gelatin, casein or whey proteins, single-cell proteins, proteins from algae or texturized proteins or mixtures thereof.

15. (Currently Amended) Food as claimed in ~~one of the claims~~ claim 1 to 14, ~~characterized in that~~ wherein the proportion of supporting material is  $\leq 95\%$  by weight and in particular between 30 and 80 % by weight based on the total weight of the matrix.

16. (Currently Amended) Food as claimed in ~~one of the claims~~ claim 1 to 15, ~~characterized in that~~ wherein the total matrix has a diameter between 1.0  $\mu\text{m}$  and 5.0 mm and in particular 0.5 to 2.5 mm especially in a capsule form.

17. (Currently Amended) Food as claimed in ~~one of the claims~~ claim 1 to 16, ~~characterized in that~~ wherein the matrix contains additional bioactive substances such as amino acids, vitamins, polyphenols, carbohydrates, lipids, trace elements, mineral substances and suitable derivatives thereof.

18. (Currently Amended) Food as claimed in ~~one of the claims~~ claim 1 to 17, ~~characterized in that~~ wherein the matrix is spherical or has a lens shape.

19. (Currently Amended) Food as claimed in ~~one of the claims~~ claim 1 to 18, ~~characterized in that~~ containing the matrix as microcapsules having a preferred diameter between 0.5 and 500  $\mu\text{m}$ .

20. (Currently Amended) Food as claimed in ~~one of the claims~~ claim 1 to 20, ~~characterized in that~~ wherein the matrix has liquid contents.

21. (Currently Amended) Food as claimed in ~~one of the claims~~ claim 1 to 19, ~~characterized in that~~ the matrix develops a delayed release especially in the gastro-intestinal tract (GI tract)

22. (Canceled)

23. (New) A pharmaceutical preparation for preventing elevated serum cholesterol levels and diabetes symptoms, strengthening mental fitness, exercising tolerance and fitness, comprising the food claimed in claim 1.